

**SEASONAL PRAYER - LENT**  
**Wednesday**

13 March 2024  
Lent Week 4



“Commit your cause to the Lord; let him deliver—  
let him rescue the one in whom he delights!”

Psalm 22:8

**Bethlehem Lutheran Church, Adelaide**  
**170 Flinders Street, Adelaide**

## **WE COME TO GOD IN PRAYER**

God's Servant was oppressed and afflicted,

**Come, let us worship him.**

The Lord has become my stronghold,

**and my God the rock of my refuge.**

## **PSALM 22**

My God, You are enthroned as the Holy One;

You are the praise of Israel.

In You our ancestors put their trust;

they trusted and you delivered them.

They cried to you and were saved;

in You they trusted and were not disappointed.

**Let the same mind be in us that was in Christ Jesus.**

But I am a worm, not a human being;

I am scorned by everyone, despised by the people.

All who see me mock me;

they hurl insults, shaking their heads.

'He trusts in the Lord', they say,

'let the Lord rescue him.'

**Let the same mind be in us that was in Christ Jesus.**

But you, Lord, do not be far from me.

You are my strength, come quickly to help me.

Deliver me from the sword,

my precious life from the power of the dogs.

Rescue me from the mouth of the lions;

save me from the horns of the wild oxen.

**Let the same mind be in us that was in Christ Jesus.**

**GOD SPEAKS TO US** Mark 15: 1-32

Our delight is in the law of the Lord,  
**and on His law we meditate day and night.**

**HYMN** LH 620 O dearest Lord, Thy sacred head

**ADDRESS**

**HYMN** LH 66 v.1,2,3,6 Go, my soul, to Calvary

**PRAYER**

Lord have mercy. **Christ have mercy.** Lord have mercy.

Thank You for Your long-suffering with the sins of humankind;  
for Your redemption of the world through the shame of the  
cross; for all who have suffered for love of You and of others;  
for all saints and people of prayer.

Lord, in Your mercy: **hear our prayer.**

Keep us from complaining about our own suffering; from  
refusing to share the sufferings of the world; from forgetting the  
pain and sorrow of others; from seeking comfort and pleasure  
above Your will.

Lord, in Your mercy: **hear our prayer.**

We pray for all who suffer from injury or illness; for those who  
are in doubt and anguish; for those who are unemployed or  
overworked; for children who have no parents to care for  
them.

Lord, in Your mercy: **hear our prayer.**

(Other prayers may follow)

Lord, in Your mercy: **hear our prayer.**

Lord Jesus Christ, when we are tempted, help us to resist the devil. When we are worried, help us to cast our care on You. When we are weary, help us to seek our rest in You.

Lord, in Your mercy: **hear our prayer.**

**Amen.**

## **LORD'S PRAYER**

**Our Father in heaven, Hallowed be Your name, Your kingdom come, Your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For the kingdom, the power, and the glory are Yours, now and forever. Amen.**

## **BLESSING**

May the Lord God strengthen us and help us; may He uphold us with His powerful right hand.

And the blessing of almighty God, Father, Son, and Holy Spirit, be with us always.

**Amen.**